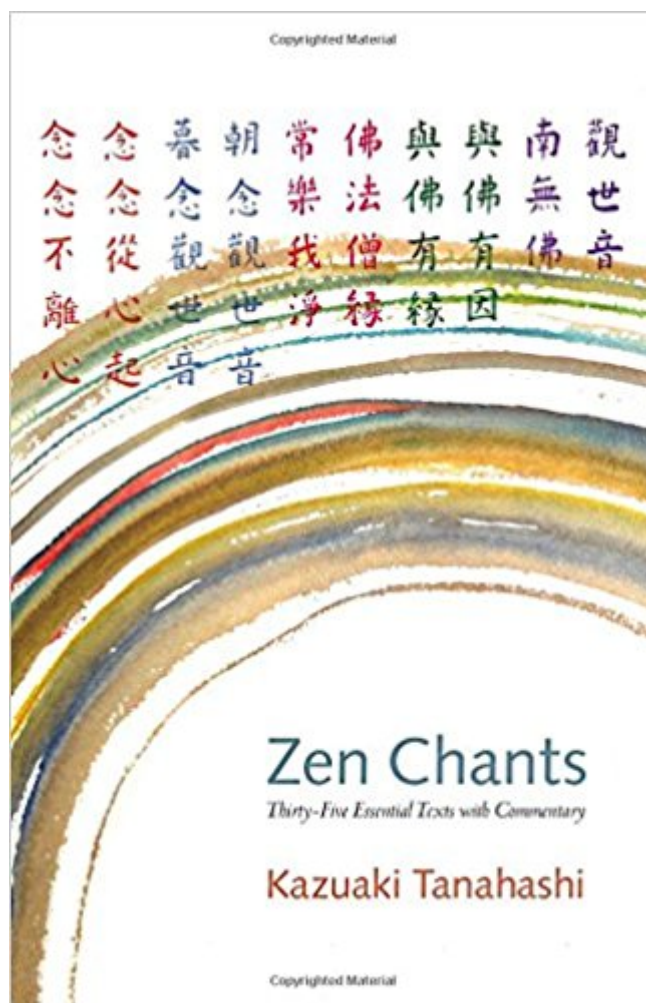


The book was found

# Zen Chants: Thirty-Five Essential Texts With Commentary



## Synopsis

An introduction to Zen chanting practice, with new accurate and chantable translations of the texts used in Zen centers and monasteries throughout the English-speaking world—by the renowned translator of Dogen and Ryokan. A Zen chant is like a compass that sets us in the direction of the awakened life; it is the dynamic, audible counterpart to the silent practice of zazen, or sitting meditation; and it is a powerful expression of the fact that practice happens in community. Here is a concise guide to Zen chants for practitioners, as well as for anyone who appreciates the beauty and profundity of the poetry in dharma. An introduction to the practice is followed by fresh and carefully considered translations and adaptations of thirty-five chants—some common and others less well known—along with illuminating commentary.

## Book Information

Paperback: 128 pages

Publisher: Shambhala (August 25, 2015)

Language: English

ISBN-10: 1611801435

ISBN-13: 978-1611801439

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 9 customer reviews

Best Sellers Rank: #398,282 in Books (See Top 100 in Books) #427 in Books > Arts & Photography > Music > Musical Genres > Religious & Sacred Music #473 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #476 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Spirituality

## Customer Reviews

KAZUAKI TANAHASHI has edited several collections of the writings of Eihei Dogen, including the definitive translation of the Treasury of the True Dharma Eye: Zen Master Dogen's Shobo Genzo. His other books include Brush Mind; Sky Above, Great Wind: The Life and Poetry of Zen Master Ryokan; and The Heart Sutra: A Comprehensive Guide to the Classic of Mahayana Buddhism. He is also a renowned calligraphic artist whose work has been exhibited throughout the world.

Kaz Tanahashi's Zen Chants provides the meanings and some history of the Japanese and

Sanskrit words in the more common Zen chants that have been translated over the years. He also offers his own and other modern translations and even suggests finding one's own translations for meal chants, etc. Just rethinking them with different words is helpful, for example, exchanging the phrase, "May all beings realize the Buddha Way," with "May all beings realize the Awakened Way," broadens the outlook. One of my "keep handy" books.

This is a great and useful collection. The chants are now posted online. I would have rather had a CD with the chants because I suspect that link will one day not work. Particularly helpful are reworked versions of some of the chants that bring a nice new depth to them. This is a book I'll keep around as long as I'm around. After that, who knows?

Every book of Kaz is a gift to us all. DÑfÂ©sirÃfÂ©e

A beautiful addition to anyone's Buddhist practice. Recommended!

Thank you for this work, it is always good to have translations from skilled and thoughtful people, also a good selection without being too weighty

The scholarship that went into preparing this book is clear. It is invaluable.

I had great expectations of this book, and it easily surpasses them. This isn't so much a book as a treasure trove.

This is a lovely and ambitious attempt to re-form the "traditional" Zen liturgy here in America. Kaz Tanahashi worked with Joan Halifax and Mel Weitsman on his translation of the fundamental chants used in Soto (and Rinzai, apparently) practice, with poetic flair and a certain refined elegance that flows naturally. The book is divided into 5 sections:-Daily Chants-Chants for Events-Enlightenment Poems-Prose Chants for Study, and-The Texts IlluminatedThe first two sections deal with chants that are used regularly in the Zendo, either during daily service, or during sesshin. In many chants, the changes Kaz proposes are subtle, and scarcely noticeable, while in others, they are striking, and to one used to the generally current liturgical language, a bit jarring at first. Originally, most Zen chants in America were performed in Japanese; over the years they have been translated, and then retranslated, with a gradual divergence from one community to another. For example, the opening

verse to the meal chant when I first began sitting with the Berkeley Zendo in 1970, was "First, 72 labors brought us this rice; let us know how it comes to us." Currently it is, "Innumerable labors brought us this food; may we know how it comes to us." Kaz proposes "We reflect on the effort that brought us this food and consider how it comes to us." In the final section, Kaz sets out the Kanji for this verse, and it is clear that the opening word is "One" or "First," which is omitted in both the current version and his proposed version. He then provides a "literal translation" (I put this in quotation marks because Japanese can be translated in many different ways), which reads, "One: we measure the amount of work and consider where it comes from." Assuming this is a literal translation, then it seems clear that Kaz' proposed translation is the most accurate of the three, as well as sounding more natural and less grandiose than the current version. Personally, I miss the poetry of "72 labors brought us this rice," but it is clear from the Kanji that this is simply not what the verse says. This is merely a small taste of the subtle difference Kaz Tanahashi introduces in his translation. Much more significant is his translation of the most fundamental sutra chanted daily throughout Zen centers in America, the Heart Sutra. Here is a key portion of the current translation used in Berkeley Zen Center: "Form does not differ from emptiness; Emptiness does not differ from form. That which is form is emptiness; That which is emptiness, form." Kaz' version reads: "Form is not separate from boundlessness; boundlessness is not separate from form. Form is boundlessness; boundlessness is form." This may not seem major, but in my training, I found the expression "Form does not differ from emptiness" very confusing and hard to own. Obviously, form DOES differ from emptiness, I kept saying to myself. Okay, so maybe this is just part of the paradoxical nature of Zen itself, and my difficulty simply indicated my lack of understanding of Zen. I don't have the same reaction to "Form is not separate from boundlessness." Somehow, while it is still vague and wavers like a mirage, the term "boundlessness" is something I can wrap my head around. It doesn't push me away. It doesn't bark at me "You don't understand!" Secondly, there is a subtle but vital difference between "does not differ from" and "is not separate from." The latter is softer, not quite so abrasive, so confrontational. All too often, once a student has passed through the initial infatuation with Zazen and entered the stage of, "Well, what does all this really mean?" there is a sense of confrontation, of almost an attack on one's sense of self and of one's being in the world. Kaz' translation lessens this feeling, which in my opinion, is beneficial to further pursuit of the tremendous depths of Zen. Continuing in the same sutra, the current version reads, "No eye, no ears, no nose, no tongue, no body, no mind." This is almost impossible to understand. It is counter to our own experience. It is spooky and nonsensical. It contributes to the feeling that Zen is oxymoronic nonsense. Kaz translates this passage as, "It is free of eyes, ears, nose, tongue, body and mind."

This too is difficult to grasp, but it is not such a punch in the nose. It gives the student some room to breathe with it, to explore it. This is probably not a book for a person with a casual interest in Zen, but rather a book for serious students, and even more, for sanghas, as the work is intended to be a replacement for the current liturgical translations, and would thus require community acceptance and action to adopt it. It is a book that has been long in the making, and well worth reading and contemplating by American Zen students, as our national community gradually moves away from the Japanese ritual formalism. Whether Kaz' endeavor succeeds, it is certainly a worthy attempt.

[Download to continue reading...](#)

Zen Chants: Thirty-Five Essential Texts with Commentary ZEN: Everything You Need to Know About Forming Zen Habits *~* *~* A Practical Guide to Find Inner Peace, Practice Mindfulness & Learn Zen Meditation (Zen Buddhism, Zen Mastery, Zen for Beginners) Zen Buddhism: How Zen Buddhism Can Create A Life of Peace, Happiness and Inspiration (Zen Buddhism for Beginners, Zen, Zen Books) Zen: Beginner's Guide to Understanding & Practicing Zen Meditation to Become Present (Zen for Beginners, Zen Meditation, Zen Habits, Meditation for Beginners) Living by Vow: A Practical Introduction to Eight Essential Zen Chants and Texts Zen: Zen For Beginners *~* *~* The Ultimate Guide To Incorporating Zen Into Your Life *~* *~* A Zen Buddhism Approach To Happiness And Inner Peace Zen: How to Practice Zen Everywhere in Your Daily Life (FREE Bonus Inside) (Zen Meditation, Zen for Beginners, Buddhism) Zen Flesh Zen Bones: A Collection of Zen and Pre-Zen Writings Zen and Zen Classics 1: From the Upanishads to Huineng (Zen & Zen Classics) The JPS Commentary on the Haggadah: Historical Introduction, Translation, and Commentary (JPS Bible Commentary) Books of Breathing and Related Texts -Late Egyptian Religious Texts in the British Museum Vol.1 (Catalogue of the Books of the Dead and Other Religious Texts in the British Museum) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Essential Oil Recipe Book - 30 Proven Essential Oil Recipes ::: My Essential Oil Private Collection Vol. 1 (Private Collection Essential Oils) Traveling the Path of Compassion: A Commentary on The Thirty-Seven Practices of a Bodhisattva (Densal Semiannual Publication) Zen Action/Zen Person Zen Coloring - Flowers (Zen Coloring Book) Shodo: The Quiet Art of Japanese Zen Calligraphy; Learn the Wisdom of Zen Through Traditional Brush Painting Z.B.A.: Zen of Business Administration - How Zen Practice Can Transform Your Work And Your Life Zen Gardens: The Art and Principles of Designing a Tranquil, Peaceful, Japanese Zen Garden at Home Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)